VEHICLE EXTRICATION

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Approved: Chief Mike Kennedy

I. SCOPE

This procedure applies to motor vehicle crashes requiring extrication. It serves to outline the duties and responsibilities of personnel involved in vehicle extrication.

II. PURPOSE

Extrications require good judgment, proper training, and creativity. A plan should be used to accomplish tasks safely, rapidly, and efficiently while making the actions of the SLFD personnel predictable and coordinated.

III. OBJECTIVES

There is a "golden hour" that factors into the treatment of trauma patients. This "golden hour" is defined as the first hour after the incident where a traumatized patient has the best chance for recovery from the trauma if they can be safely delivered to an emergency medical facility with trauma surgery capabilities. Extrication should be geared toward getting the patient disentangled without further injury and to a surgical environment within the one hour limit.

It shall be the responsibility of the Incident Commander, with input from operations, medical personnel, and other resources to determine what extrication tactics are to be performed at an incident. Training, expertise, scene hazards, patient condition, resources, and extenuating circumstances shall influence the methods and pace of each incident.

IV. TERMINOLOGY

Standardized Terminology shall be used at all extrication scenes. A complete list can be found in the State of Michigan Basic Vehicle Extrication Book. The following terms shall be used during incident operations, and are a subset of the larger set:

- A. Action Circle/Hot Zone: The area at an extrication scene where the maximum danger exists. This is the area where the extrication is taking place and quite often contains many other hazards. Personal Protective Equipment (PPE) and extreme caution must be used in this area.
- B. AFV: Alternative Fuel Vehicle. A vehicle using other means of stored energy instead of, or in addition to gasoline, E-95 ethanol, or diesel fuel.
- C. BEV: Battery Electric Vehicle. A vehicle using stored electricity as its only fuel.
- D. CNG: Compressed Natural Gas-powered vehicle. A vehicle using compressed natural gas as a fuel for combustion in an internal combustion engine.
- E. Cold Zone: The safe area outside the warm zone. Command, support functions, and staging would be in this area.
- F. Extrication: A term used to describe the procedures used by rescue personnel to remove patients trapped by wreckage or by their injuries from vehicles involved in collisions or crashes.
- G. FCEV: Fuel Cell Electric Vehicle. A vehicle using stored, compressed hydrogen gas to generate electricity for vehicle propulsion.
- H. Freeze: A recognized term used to signal an unsafe situation that immediately stops all extrication activities until the dangerous situation has been mitigated.

- I. HEV: Hybrid Electric Vehicle. A vehicle containing both a stored-electricity electrical drive system, as well as an internal combustion engine, both of which can be used for propulsion, either independently or together.
- J. NGV: Natural Gas Vehicle. Same as a Compressed Natural Gas (CNG) vehicle.
- K. PEPS Key: Short for Passive Entry Passive Start. A key fob used in vehicles with push-button start. To disable the ignition system in vehicles with PEPS keys, the fob must removed at least 16 feet from the vehicle.
- L. PHEV: Plug-in Hybrid Electric Vehicle. A type of HEV that can be plugged into 120/240 volt AC shorelines to charge the onboard propulsion battery. PHEVs usually have extended all-electric-drive range compared to HEVs.
- M. Warm Zone: The transition area between the Hot Zone and the Cold Zone that acts as a buffer area. Caution must be exercised in this area as well. This zone is used for the tool staging, parts dump area, and is the zone in which one would find the safety officer.

V. ALARM

Critical information needs to be obtained as soon as possible:

- A. Location of incident
- B. Type of vehicles involved
- C. Number of victims
- D. Type of hazards
- E. Mechanism of crash (guardrail, tree, bridge abutment, another vehicle, etc.)
- F. Is vehicle on fire?

VI. PROCEDURE

Vehicle extrications shall follow the 11-step extrication procedure outlined in this section. Due to the uniqueness of incidents requiring vehicle extrication, detailed step-by-step procedures will not be implemented. One should follow accepted standardized evolutions and procedures as taught in SLFD-recognized extrication programs.

Listed below are procedures to be followed by companies upon arrival at a vehicle extrication incident:

- 1. Arrive and safely position apparatus at the crash scene. Park to protect per MOP 412 and provide a safe work area.
- 2. Establish unified incident command.
- 3. Perform a complete scene size-up.
- 4. Initial Operations
- 5. Scene Management
 - A. Establish work zones
 - B. Establish lighting for nighttime incidents
 - C. Stretch and charge protective hoseline
 - D. Establish tool staging area
 - E. Identify slip/trip hazards
- 6. Scan for airbags, strip trim and other coverings to determine location of pneumatic lifting pistons, pre-tensioners, airbags, and inflators.
- 7. Hazard Control
 - A. Traffic
 - B. Fuel/fluid leaks
 - C. Crowd control
 - D. Hazardous materials

- E. Electrical infrastructure
- F. Check contents of trunk
- G. Battery/electrical system shutdown
- 8. Access Patient
 - A. Try opening doors before cutting
 - B. Roll down windows
 - C. Move seat(s) back
 - D. Tilt/telescope steering column out of the way
 - E. Perform Glass Management
- 9. Assess Patient
 - A. Protect patient from breaking/flying glass
 - B. Remove all non-laminated tempered glass before cutting
 - C. Remove windshield independently, or with roof (use discretion) if performing a roof removal
 - D. All breaking of glass shall be done in a controlled manner, with a spring loaded center punch, if possible, with glass pieces removed away from the patient.
- 10. Disentangle
- 11. Extricate

VII. FIREFIGHTER AND PATIENT PROTECTION

Personal Protective Equipment (PPE) shall be worn while working in the Hot Zone, or in close proximity to extrication activities. At minimum, PPE at an extrication incident shall consist of:

- A. Turnout gear (coat and pants)
- B. Safety glasses
- C. Helmet with face shield
- D. Extrication or structural firefighting gloves
- E. Protective boots
- F. Reflective vest (if operating in/near a roadway or parking lot)

Precautions shall also be taken to protect the trapped or injured persons from further harm during the extrication. The use of blankets, short boards, and other devices should be utilized whenever possible.

Approved by /s/ Chief Mike Kennedy